

# Saakalya YOGA



End your day with yoga and be more calm and relaxed for the night!

Yoga on the green of the Open Farm Community (130E Minden Road) boosts your energy and sets a positive intention.

Mondays, 7.00 – 8.00pm



For more information and registration, please visit [www.saakalya.com/yoga](http://www.saakalya.com/yoga) or email [yoga@saakalya.com](mailto:yoga@saakalya.com)